

# Back to Health Chiropractic & Massage Clinic

## Your Information:

Name: \_\_\_\_\_ Last 4 of SSN: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_ Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

**Would you like appointment reminders via text?**  Yes  No **If yes, carrier:** \_\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_ Height: \_\_\_\_ Weight: \_\_\_\_ Right or Left Handed:  Right  Left

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Family Information: (Please check one)  Single  Married  Divorced  Separated  Widowed

Spouse's Name: \_\_\_\_\_

**How were you referred to our clinic?** \_\_\_\_\_

## Insurance Information:

Have you opened a claim through your auto insurance company?  Yes  No

**Auto Insurance Company:** \_\_\_\_\_ Phone #: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

**Claim #:** \_\_\_\_\_ **Policy #:** \_\_\_\_\_

## Attorney Information:

Have you retained an attorney?  Yes  No

If yes, attorney's name: \_\_\_\_\_ Phone #: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Were there any witnesses?  Yes  No

If yes, please list their names and phone numbers.

Name: \_\_\_\_\_ Phone #: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Name: \_\_\_\_\_ Phone #: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Was the police notified?  Yes  No

If yes, who was the investigation done by: \_\_\_\_\_

Who was at fault in the accident?  Self  Driver of car you were in  Other driver

## Other Driver's Information:

Name: \_\_\_\_\_ Phone #: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

**His/Her Insurance Company:** \_\_\_\_\_

**Claim #:** \_\_\_\_\_ **Policy #:** \_\_\_\_\_

## Accident Information:

1. Date of accident: \_\_\_\_/\_\_\_\_/\_\_\_\_ Time of day: \_\_\_\_\_  A.M.  P.M.

2. Were you: (check one)  Driver  Passenger If passenger,  Front seat  Rear seat

3. Number of people in your vehicle? \_\_\_\_\_ Number of people in **other** vehicle? \_\_\_\_\_

4. Road conditions at accident?  Wet  Dry  Icy  Other \_\_\_\_\_

Road surface at accident?  Asphalt  Gravel  Dirt  Other \_\_\_\_\_

5. What direction were **you** headed?  North  South  East  West

**What state did the accident happen in?**  Washington  Oregon  Other \_\_\_\_\_

Accident Information Continued...

Name of street or hi-way accident happened? \_\_\_\_\_

6. What direction was the **other vehicle** headed?  North  South  East  West

7. Were **you** struck from?  Behind  Front  Left side  Right side

8. Were **you** wearing a seat belt?  Yes  No If yes,  Lap belt  Shoulder belt  Both

Any bruising or soreness from the belt?  Yes  No If yes, explain \_\_\_\_\_

9. Did **your** airbags activate?  Yes  No  Car does not have airbags

Any bruising or soreness from the airbag?  Yes  No If yes, explain \_\_\_\_\_

10. **Your** position at time of impact?  Facing forward  Head turned, to the  Right or  Left ?

11. Does **your** car have a headrest?  Yes  No

If yes, about how far was the top of the headrest from the top of your head? \_\_\_\_\_ inches  above  below

12. Were **you** knocked unconscious?  Yes  No **If yes**, for how long? \_\_\_\_\_

13. Were **you** aware of the approaching impact?  Yes  No

If yes, did **you** brace yourself for impact?  Yes  No If yes, how? \_\_\_\_\_

14. Was **your** vehicle stopped at time of impact?  Yes  No

If yes, was **driver's** foot on the brake pedal?  Yes  No  Not sure

on the clutch pedal?  Yes  No  Not sure

If yes, did **your** vehicle move forward on impact?  Yes  No  Not sure

If vehicle was moving at time of the impact, were **you** (Please check one)

Gaining speed  Slowing down  Traveling at a steady speed

15. What was **your vehicle's** approximate speed? \_\_\_\_\_ miles per hour

16. Did **your vehicle** hit a second car?  Yes  No

another object?  Yes  No

17. Was the **other vehicle** moving at time of collision?  Yes  No

If yes, was the **other vehicle** (Please check one)

Gaining speed  Slowing down  Traveling at a steady speed

18. What was the **other vehicle's** approximate speed? \_\_\_\_\_ miles per hour

19. What type/make of vehicle were **you** in?

\_\_\_\_\_

20. What type/make of **other vehicle**?

\_\_\_\_\_

21. In your own words, please describe the accident. Please include what you heard, saw, and felt.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

22. Please diagram the accident including street names, car directions, street signs, etc.

**NORTH**

**WEST**

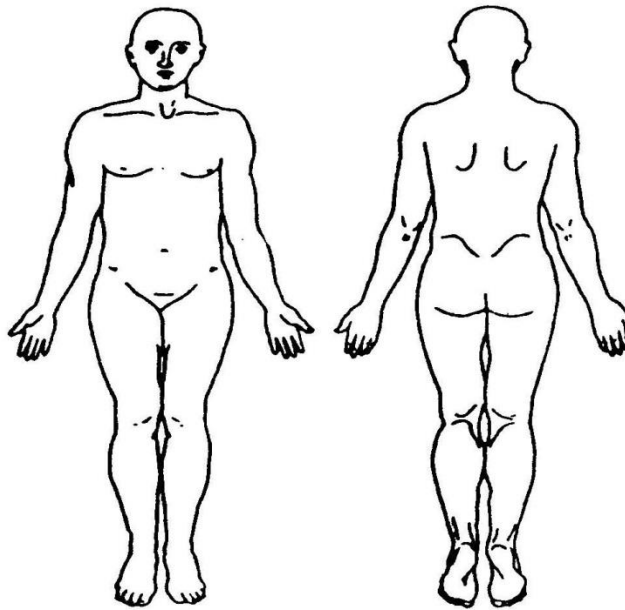
**EAST**

**SOUTH**

**COMPLETE THE FOLLOWING:**

38. Please fill in current areas of complaint, by placing the appropriate abbreviated letter on the people diagrams below:

- P=Pain**
- B=Burning**
- S=Stiffness**
- T=Tingling**
- N=Numbness**



**Front**

**Back**

23. Please describe how you felt:

Did you feel pain DURING the accident?  Yes  No

If yes, please explain \_\_\_\_\_

Did you feel pain IMMEDIATELY AFTER the accident?  Yes  No

If yes, please explain \_\_\_\_\_

Did you feel pain LATER THAT DAY after the accident?  Yes  No

If yes, please explain \_\_\_\_\_

Did you feel pain the DAY AFTER the accident?  Yes  No

If yes, please explain \_\_\_\_\_

24. Estimated cost of damage to your vehicle? \$ \_\_\_\_\_

Do you have photos showing the damage?  Yes  No

25. Which of the following body parts were hit/injured during the accident? (Please check all that apply)

- |   |                                    |                                      |
|---|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Head           | <input type="checkbox"/> Right arm | <input type="checkbox"/> Right leg   |
| <input type="checkbox"/> Chest          | <input type="checkbox"/> Left arm  | <input type="checkbox"/> Left leg    |
| <input type="checkbox"/> Right shoulder | <input type="checkbox"/> Right hip | <input type="checkbox"/> Right knee  |
| <input type="checkbox"/> Left shoulder  | <input type="checkbox"/> Left hip  | <input type="checkbox"/> Left knee   |
|   |                                    | <input type="checkbox"/> Other _____ |

26. Which of the following car parts were damaged **by your body** during the accident?

(Please check all that apply)

- |  |                                      |
|--|--------------------------------------|
| <input type="checkbox"/> Windshield        | <input type="checkbox"/> Front seat  |
| <input type="checkbox"/> Steering wheel    | <input type="checkbox"/> Back seat   |
| <input type="checkbox"/> Right side window | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Left side window  | <input type="checkbox"/> Other _____ |

27. Did you have any physical complaints BEFORE THE ACCIDENT?  Yes  No

If yes, please describe in detail: \_\_\_\_\_

28. Do you have congenital (from birth) factors which relate to this problem?  Yes  No

If yes, please explain \_\_\_\_\_

29. Do you have any previous illnesses relating to this case?  Yes  No

If yes, please explain \_\_\_\_\_

30. Did you receive **EMERGENCY** care pertaining to the accident?  Yes  No

If yes, please list where, the doctor's name and what type of treatment you received;

Where: \_\_\_\_\_ Doctor's name: \_\_\_\_\_

Type of treatment: \_\_\_\_\_

Were you taken by an ambulance to the hospital?  Yes  No

31. Have you been treated by another doctor since the accident?  Yes  No

If yes, please list the doctor's name and treatment: \_\_\_\_\_

32. Since this injury occurred, are symptoms:  Improving  Getting worse  Same

33. Please check all the symptoms that you have noticed **since** the accident:

- |   |   |  |                                       |  |
|---|---|--|---------------------------------------|--|
| <input type="checkbox"/> Headache         | <input type="checkbox"/> Chest pain           | <input type="checkbox"/> Sleeping problems   | <input type="checkbox"/> Hands cold   | <input type="checkbox"/> Loss of memory          |
| <input type="checkbox"/> Neck pain        | <input type="checkbox"/> Foot pain            | <input type="checkbox"/> Head seems heavy    | <input type="checkbox"/> Irritability | <input type="checkbox"/> Eyes sensitive to light |
| <input type="checkbox"/> Neck stiffness   | <input type="checkbox"/> Leg pain             | <input type="checkbox"/> Depression          | <input type="checkbox"/> Diarrhea     | <input type="checkbox"/> Loss of taste           |
| <input type="checkbox"/> Upper back pain  | <input type="checkbox"/> Numbness in arms     | <input type="checkbox"/> Nervousness         | <input type="checkbox"/> Fainting     | <input type="checkbox"/> Cold sweats             |
| <input type="checkbox"/> Middle back pain | <input type="checkbox"/> Numbness in fingers  | <input type="checkbox"/> Loss of smell       | <input type="checkbox"/> Arm pain     | <input type="checkbox"/> Shoulder pain           |
| <input type="checkbox"/> Low back pain    | <input type="checkbox"/> Numbness in legs     | <input type="checkbox"/> Ears ring           | <input type="checkbox"/> Fever        | <input type="checkbox"/> Feet cold               |
| <input type="checkbox"/> Hip pain         | <input type="checkbox"/> Numbness in toes     | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Dizziness    | <input type="checkbox"/> Face flushing           |
| <input type="checkbox"/> Knee pain        | <input type="checkbox"/> Pins/needles in arms | <input type="checkbox"/> Pins/needles in leg | <input type="checkbox"/> Wrist pain   | <input type="checkbox"/> Fatigue                 |

34. Have you lost time from work as a result of the accident?  Yes  No

If yes, when were you off from work? From \_\_\_\_\_ to \_\_\_\_\_

Are you being compensated for lost time?  No  Yes, On medical release?  No  Yes

35. Since the accident, do you notice any activity restrictions in your capacity for:

Work? No Yes, please explain\_\_\_\_\_

Family? No Yes, please explain\_\_\_\_\_

Recreation? No Yes, please explain\_\_\_\_\_

36. Other pertinent information? \_\_\_\_\_

37. Have you even been involved in an accident before? No Yes

If yes, Date of accident(s)\_\_\_\_\_ Type of accident(s)\_\_\_\_\_

Injury(s)? \_\_\_\_\_

**Previous Health History:** (Please check Yes or No)

- |                              |                             |                              |                              |                             |                             |
|------------------------------|-----------------------------|------------------------------|------------------------------|-----------------------------|-----------------------------|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Anemia/Radiation Treatment   | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Hepatitis                   |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Artificial Bones/ Joints     | <input type="checkbox"/> Yes | <input type="checkbox"/> No | High/ Low Blood Pressure    |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Artificial Valves            | <input type="checkbox"/> Yes | <input type="checkbox"/> No | HIV/ Aids                   |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Blood Transfusion            | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Hospitalized For Any Reason |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Cancer/ Chemotherapy         | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Kidney Problems             |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Congenital Heart Defect      | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Mitral Valve Prolapse       |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Diabetes/ Tuberculosis (TB)  | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Psychiatric Problems        |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Drug/ Alcohol Abuse          | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Rheumatic/Scarlet Fever     |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Emphysema/ Glaucoma          | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Severe/ Frequent Headaches  |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Epilepsy/ Seizures/ Fainting | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Shingles                    |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Fever Blisters/ Herpes       | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Sinus Problems              |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Heart Attack/ Stroke         | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Ulcers/ Colitis             |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Heart Murmur                 | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Venereal Disease            |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Heart Surgery                | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Stroke                      |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Hemophilia                   |                              |                             |                             |

Please list any serious medical problem(s) or surgeries that you have had:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**IS THERE A POSSIBILITY YOU MAY BE PREGNANT?** (Please check one)  Yes  No

The above information is true and correct to the best of my knowledge. I accept and acknowledge ultimate responsibility for all charges I incur in this office. I, hereby authorize Back to Health Chiropractic Clinic, to release to my insurance carrier any information required for my claim.

**Patient's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_



6307 N.E. 117<sup>th</sup> Ave., Suite C.  
Vancouver, WA 98662  
Telephone: (360) 253-4285  
Fax: (360) 253-9469

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Thomas S. Saeman, D.C. - Jonathan S. Sears, D.C.

**AUTHORIZATION FOR RELEASE OF X-RAYS AND RECORDS**

TO: BACK TO HEALTH CHIROPRACTIC CLINIC  
6307 N.E. 117th Avenue, Suite C  
Vancouver, WA 98662  
360-253-4285 PHONE  
360-253-9469 FAX

I authorize any doctor, hospital, employer, insurer, or other person, to whom a signed, original or photocopy of this authorization is delivered, to furnish any information, reports, or copies of records or radiological information which may be requested from Back to Health Chiropractic Clinic. This authorization shall remain valid for one year from the date signed.

\_\_\_\_\_  
SOCAL SECURITY #:

\_\_\_\_\_  
DATE OF BIRTH:

\_\_\_\_\_  
PRINTED NAME:

\_\_\_\_\_  
SIGNATURE:

\_\_\_\_\_  
DATE SIGNED:





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Thomas S. Saeman, D.C. - Jonathan S. Sears, D.C.

### Consent for Release of Protected Health Information

I, \_\_\_\_\_, consent to the release of protected health information that is required to carry out treatment and payment of healthcare operations on my behalf.

I have read the Notice of Privacy Practices and am aware of the following:

- I have the right to place restrictions on the way my protected health information is used or disclosed.
- I understand that Back to Health Chiropractic Clinic is not required to agree with my request restrictions. I also understand that once Back to Health Chiropractic Clinic agrees to my restrictions, it must comply with those restrictions.
- I have a right to revoke my consent for the use and disclosure of my protected health information at any time. I understand that, if I choose to revoke my consent, I must submit a written statement that is signed by me.
- I understand that Back to Health Chiropractic Clinic must immediately comply with my request to revoke consent, except to the extent that it has already taken some action that was based on my original consent.
- Back to Health Chiropractic Clinic has reserved the right to change from time to time our privacy practices that are described in the Notice of Privacy Practices. Whenever we change our practices, we will modify the Notice accordingly: and we will inform you by providing you with a new notice.

Individual:

Witness (Chiropractic Assistant):

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date





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Thomas S. Saeman, D.C. - Jonathan S. Sears, D.C.

**Irrevocable Assignment of Insurance Payments and Tort Damages and  
Irrevocable Letter of Instruction**

Date of Injury: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Patient's Name: \_\_\_\_\_  
Party Causing Injury: \_\_\_\_\_  
Other Party's Insurance: \_\_\_\_\_

To: Back To Health Chiropractic Clinic

1. In exchange for Back to Health Chiropractic Clinic providing care until insurance cover or tort damages are available to pay for treatment charges, I agree to irrevocably assign Back to Health Chiropractic Clinic any payments now or hereafter due me from any insurance company, attorney or third party responsible for my injuries. I also irrevocably instruct and request those parties pay any sums due me directly to Back to Health Chiropractic Clinic, up to the amount of my unpaid bill.

2. I also irrevocably instruct my attorney to pay Back to Health Chiropractic Clinic directly for any amount I owe in connection with my injuries from the proceeds of any settlement or verdict obtained on my behalf, whether or not the damages recovered are categorized as general or special damages.

3. I agree that a photocopy of this document, including my photocopied signature, will be as valid and binding on all parties involved as the original.

**Dated this \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_\_, at \_\_\_\_\_, Washington**

**Patient's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

**Parent or Legal Guardian for Patient (Print Name):** \_\_\_\_\_

**Parent/Guardian's Signature:** \_\_\_\_\_



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Thomas S. Saeman, D.C. - Jonathan S. Sears, D.C.

**Financial Arrangements and Medical Lien Disclosure**

**I do, hereby, acknowledge that I am receiving (or about to receive) health care services at Back to Health Chiropractic Clinic. My Financial Agreement is as follows:**

1. Insurance Payments: As a courtesy, Back to Health Chiropractic Clinic will submit all services to your insurance carrier. In the event of insurance payment(s) to not forth come, you will be liable for all charges you incurred during the course of treatment.

I understand that for treatment provided by **Back to Health Chiropractic** related to an automobile collision, primary first party insurance is with the Personal Injury Protection (PIP) Insurance for the car I was driving, riding in as a passenger, or struck by as a pedestrian/bicyclist. I understand and authorize Back to Health Chiropractic to bill PIP and authorize the release of any information acquired in the course of my examination and treatment in accordance with HIPAA privacy regulations.

In the event I do not have PIP available for the automobile collision, I authorize Back to Health Chiropractic to hold my bills pending final claim resolution and file a medical lien against any applicable third-party insurance settlement pursuant to TCW 60.44.010, et seq. I understand and acknowledge that in the event a medical lien is filed, and that if the lien is paid or settles, I will be provided with an original, written Satisfaction of Lien and I am responsible for filing the Satisfaction of Lien with the County Auditor and for paying the filing fee costs associated with filing any such Satisfaction of Lien. I further understand that payment of any medical lien, in some circumstances, may not fully pay my outstanding final charges due to Back to Health Chiropractic for treatment provided, and I may be required to make additional payments after satisfaction of the lien.

2. Cash Payment: I am responsible for services rendered to me at the time of service.

3. Other Financial Arrangements: \_\_\_\_\_.

4. I, \_\_\_\_\_, understand that no doctor can or should guarantee any "cure" for any course of treatment and that no spinal correction therefore can be guaranteed. If any pre-payment is made, and I discontinue care for any reason, any unused portion of the pre-payment is refundable, and any plan becomes null and void. Where care is resumed, new financial arrangements will need to be made.

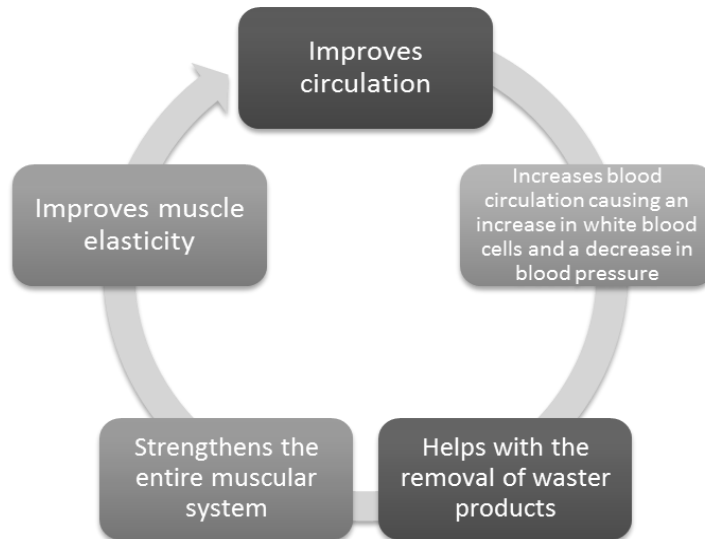
**I fully understand the terms of this agreement and can receive a copy of this agreement.**

Dated this \_\_\_\_\_ day of \_\_\_\_\_ 20\_\_\_\_\_, at \_\_\_\_\_, Washington

**Patient's Signature:** \_\_\_\_\_

**Chiropractic Assistant's Signature:** \_\_\_\_\_

Thomas S. Saeman, D.C. - Jonathan S. Sears, D.C.  
Tim Harp, L.M.T. - Bethany Parson, L.M.T. - Enrique Juarez L.M.T.



### **MASSAGE POLICY**

We are happy that you are choosing massage therapy to help regain your health. Due to the limited availability in the massage therapy schedule book, we have certain guidelines regarding unexcused absences.

- If you are unable to make your appointment, please call at least **24 hours** in advance.
- An unexcused absence is missing an appointment without calling **24 hours** in advance. Of course, emergency absences are accepted. However, if it is not an emergency then you will be charged a **\$25.00 non-refundable fee.**
- A card is required to have on a file for any missed massage fees. **\$25.00 will be pulled** from the card on record the same day the massage appointment is missed. Insurance (auto or medical) will **not pay for any** missed massage appointments.
- If you miss **3** appointments that are classified as unexcused, then you will need to pre-pay for you massage appointments at the time of scheduling.
- If you arrive at your massage appointment **10 to 15 minutes** late **without** calling to notify the massage therapist; the massage therapist is not obligated to stay and may leave by the time you make it to the appointment.

I have read the above statements and agree to them:

**Patient's Name (Printed):** \_\_\_\_\_

**Patient's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_